



## **Student - Series 3000 Catheterization 3417p**

Clean intermittent bladder catheterization (CIC), or assisted self-catheterization, is the periodic introduction of a catheter into the bladder to drain the urine. The procedure is used to empty the bladder in those individuals who lack voluntary control of urination.

- A. Each school principal shall designate staff members who will be trained, according to their job description, to perform CIC at school.
- B. The school nurse will provide training for the selected staff members, and the training will be documented on the CLEAN INTERMITTENT CATHETERIZATION (MALE or FEMALE) Skills Checklist. A copy of the completed and signed Skills Checklist will be placed in each employee's personnel file.
- C. The procedures for providing CIC for a student at school are as follows:
  - The AUTHORIZATION FOR CLEAN INTERMITTENT CATHETERIZATION (CIC) OR ASSISTED SELF CATHETERIZATION form will be completed by the parent/guardian and by the child's licensed physician. This form is valid for the current school year only.
  - After receiving the authorization from the parent/guardian and physician, the school nurse consults with the building principal to determine which unlicensed staff members will be trained to provide the CIC.
  - The parent/guardian will provide all needed supplies.
  - After staff members have received child-specific training as documented on the Skills Checklist, the school nurse completes the SCHOOL NURSE INSTRUCTIONS FOR CLEAN INTERMITTENT CATHETERIZATION (CIC) OR ASSISTED SELF-CATHETERIZATION, reviews the instructions with trained staff, and places the original in the student's health record. The original CLEAN INTERMITTENT CATHETERIZATION (MALE or FEMALE) Skills Checklist will also be placed in the student's health record to be reviewed by the employee as needed, and it may be used to document any required supervision by the school nurse that includes observation and review of procedure.
  - The CLEAN INTERMITTENT CATHETERIZATION I & O RECORD will be used by staff to document CIC for a student, and it will be filed in the student's health record.